



# Hillsdale College

2006-2007  
Women's  
Swimming

# Media Information

This guide has been prepared for the news media and others interested in the Hillsdale College Women's Swimming Program. Should you need any information not included in these pages, please contact SID Brad Monastiere and he will assist you.

Roche Health Education and Sports Complex. . . . .PHONE: (517) 437-7364 . FAX: (517) 607-3310  
Sports Information Office. . . . . PHONE: (517) 607-3172. . . FAX: (517) 607-3120  
Press Box. . . . . PHONE: (517) 607-2220  
Hillsdale College Operator. . . . . PHONE: (517) 437-7341. . . OR: (517) 439-1524  
Dow Leadership Development Conference  
Center and Hotel. . . . . PHONE: (517) 437-3311  
Charger Website. . . . . [www.hillsdale.edu/chargers](http://www.hillsdale.edu/chargers)

\*The Charger Website is updated after home contests and as soon as results are received from away contests. This is the quickest way to receive results from all Charger athletic contests.

## ATHLETIC DEPARTMENT

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Athletic Director. . . . . Mike Kovalchik	Volleyball . . . . . Chris Gravel
Baseball. . . . . Paul Noce	Women's Swimming and Diving
Men's Basketball. . . . . Ed Douma	. . . Mary Anne Gerzanick-Liebowitz
Women's Basketball . . . . . Claudette Charney	Head Athletic Trainer . . . . . David Frisby
Men's Cross Country/Track . . . . Bill Lundberg	Sports Information Director. . Brad Monastiere
Women's Cross Country/Track . . Bill Lundberg	Executive Secretary . . . . . Jeanie Adams
Football . . . . . Keith Otterbein	Business Secretary . . . . . Claudia Gillette
Softball. . . . . Becky Martinez	Athletic Department Secretary. . Anita Gordon

## QUICK FACTS

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LOCATION - Hillsdale, MI 49242

FOUNDED - 1844

ENROLLMENT - 1,200

PRESIDENT - Dr. Larry Arnn

ATHLETIC DIRECTOR - Dr. Mike Kovalchik

AFFILIATION - NCAA Division II

CONFERENCE - Great Lakes Intercollegiate  
Athletic Conference (GLIAC)

NICKNAME - Chargers

COLORS - Royal Blue and White

SPORTS INFORMATION DIRECTOR -  
Brad Monastiere

EMAIL - [bmonastiere@hillsdale.edu](mailto:bmonastiere@hillsdale.edu)

HEAD SWIMMING and DIVING -  
Mary Anne Gerzanick-Liebowitz

SWIMMING OFFICE PHONE -  
(517) 607-3142

ASST SWIMMING and DIVING -  
Stephanie Badylak

INTERNET - [www.hillsdale.edu/chargers](http://www.hillsdale.edu/chargers)

# Athletic Director

DR. MIKE KOVALCHIK

Director of Athletics

It is with excitement and anticipation that Hillsdale College begins its century-long heritage of athletics, highlighted by the 114th anniversary of collegiate football. The 13 sports offered for men and women at Hillsdale blend the quality of both team and individual sports into a very fine collegiate program in the NCAA Division II level. Our sports are as competitive as any program in the Great Lakes Intercollegiate Athletics Conference (GLIAC), where public and private institutions vie for 18 different conference championships and NCAA playoff invitations. The GLIAC is arguably the finest all-around Division II conference in the country.

Our belief at Hillsdale College is that participation in sports remains, as it has for over 100 years, a privilege for students. Playing for Hillsdale College and wearing the Charger logo, requires many commitments, but none more important than the student-athlete's commitment to his/her academic success and graduation; there is no question that these goals come first. Outside of the classroom, our student-athletes are fierce competitors who strive to win and represent the college with pride.

Watching Charger teams is, in my opinion, a privilege too. I am proud to be a part of the 'team' effort that places our student-athletes and coaches in front of the public for YOUR viewing and enjoyment. One will discover Charger Blue flowing steady and deep throughout the campus and all who associate with Hillsdale College athletics - it's a wonderful and proud feeling!

**GO CHARGERS!!!**

**America the Beautiful**

**Strong**

**Proud**

**Free**

Mike Kovalchik

## ATHLETIC DEPARTMENT

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\*Hillsdale Daily News, Hillsdale, MI 49242

Rich McGowan

(517) 437-6022 / fax: (517) 437-6397

\*WCSR Radio, Hillsdale, MI 49242

Mike Flynn

(517) 437-4444 / fax: (517) 437-7461

\*Jackson Citizen Patriot, Jackson, MI 49201

Chip Mundy

(800) 878-3267 / fax: (517) 787-9710

\*WILX TV Channel 10, Jackson, MI 49201

Tim Staudt

(517) 783-2621 / fax: (517) 393-9180



DR. KOVALCHIK is in his 11th year as Athletics Director at Hillsdale College. A graduate of Eastern Illinois University, he holds master's degrees from Eastern Illinois and State College of New York at Cortland and a doctorate from Southern Illinois University. Dr. Kovalchik is also a Vietnam veteran. He is married to Sheila Kovalchik.

# President

DR. LARRY ARNN



Dr. Larry P. Arnn is the twelfth president of Hillsdale College. He received his B.A. in Political Science and Accounting in 1974 from Arkansas State University, graduating with the highest distinction. He studied at the Claremont Graduate School and received his M.A. in Government in 1976, and his Ph.D. in Government in 1985. He studied in England from 1977 to 1980, first as a research student in International History at the London School of Economics, and then in Modern History at Worcester College, Oxford University. He has received numerous fellowships and awards, among them a two-year fellowship from the Alcoa Foundation in 1972; a Richard M. Weaver Fellowship in 1975; a Rotary International Fellowship in 1977; Earhart Foundation Fellowships in 1978, 1979, and 1980; and a Winston S. Churchill Association Fellowship from 1977 to 1980.

While in England, Dr. Arnn served as Director of Research for Martin Gilbert, now Sir Martin Gilbert, of Merton College, Oxford, and the official biographer of Winston Churchill. Dr. Arnn returned to the United States in 1980 to become an editor for Public Research, Syndicated. From 1985-2000, he served as president of The Claremont Institute, an education and research institution based in Southern California. While at Claremont, he was the founding chairman of the California Civil Rights Initiative, or Proposition 209, which was passed by California voters in 1996 and prohibited racial preferences in state hiring, contracting and admissions.

Dr. Arnn is on the board of directors of The Heritage Foundation, the Henry Salvatori Center of Claremont McKenna College, Americans Against Discrimination and Preferences, the Center for Individual Rights and The Claremont Institute. He is a member of the American Political Science Association, the Mont Pelerin Society, the International Churchill Society and the Philanthropy Roundtable. Published widely in national newspapers, magazines and periodicals on issues of public policy, history and political theory, he is the author most recently of *Liberty and Learning: The Evolution of American Education*, published by Hillsdale College Press in 2004.

Dr. Arnn and his wife, Penelope, have three children, Henry, Katy and Alice.

# 2006-2007 Hillsdale College Lady Chargers

Laura Axiak	JR	Distance Free, Breast, IM	Dearborn, MI
Julie Emmenecker	SR	Free, Back	Perrysburg, OH
Kelsey Gomberg	FR	Free, Fly	Crystal Lake, IL
Elizabeth Heil	FR	Freestyle	Bloomington, MN
Lauren Heilborn	FR	Distance Free	Jackson, MI
Abbie Henry	JR	Free, Back	Brooklyn Park, MN
Kathryn Herrmann	SO	Distance, Free	Denver, CO
Kathryn Hogan	SO	Distance Free	Lathrup Village, MI
Becky Holland	SO	Fly, Distance Free	Mishawaka, IN
Sarah Holland	FR	Free	Mishawaka, IN
Ali Lanctot	SO	Breast, Fly, IM	Mt. Pleasant, MI
Meghan McDonald	SO	Free	Jackson, MI
Cassie Nielsen	FR	Fly, Free, IM	Indianapolis, IN
Meredith Scott	FR	Breast, IM	Nappanee, IN
Stephanie Sobey	FR	Back, Free	Woodstock, IL
Annsley Stoll	SR	Free	Portland, OR
Anne Verhoef	SO	Free, Breast, Fly	Newport News, VA
Skyлар Walker	SO	Breast, IM, Free	Pasadena, TX
Charlotte Wolfe	SO	Diving	Greensboro, NC



# Coaches

## **MARYANNE GERZANICK-LIEBOWITZ**

### **Head Women's Swimming Coach**

Mary Anne Gerzanick-Liebowitz is entering her sixth season as head coach for the Hillsdale women's swimming team. During her first season, she qualified Hillsdale's inaugural NCAA swimmer for the 2002 NCAA Championships held in Orlando, Fla. Additionally, captain Colleen Rickard placed in the top 16 nationally, which gave her All-American status in the 400 IM and 200 Butterfly. She broke both school records in the process.

During the last 5 seasons Hillsdale College has broken 40 school records and has qualified 7 athletes with NCAA "A" and/or "B" time standards in 17 separate events for the NCAA Championships. The 2006-2007 school year looks to be especially bright with the addition of 10 new swimmers to the program. Hillsdale Swimming continues to strive towards excellence both in and out of the pool with the program earning its eleventh consecutive semester honors by the College Swimming Coaches Association as an Academic All American Team.

Prior to her arrival at Hillsdale College, coach Gerzanick had been an assistant coach at the Division I level and a head coach at the Division III level. She had the opportunity to work with Olympic coaches Mark Schubert, Richard Quick and Skip Kenney, while working at the Stanford National Swim Camp and the Swim with Schubert Swim Camp during the last nine summers.

She implements many of the new and innovative stroke techniques, drills and strategies that our Olympic championships have utilized. Additionally, working with Lenny Krayzelburg, Lindsey Benko, Jenny Thompson, Klete Keller and Erik Vendt have given her invaluable insight into goal setting, training and motivation techniques. Coach Gerzanick-Liebowitz has been recently honored by the American Swimming Coaches Association by being the first recruited ASCA Fellow. The Fellows program is designed to develop and further educate those coaches who wish to become future leaders in the sport of swimming. As a Fellow, Coach Gerzanick-Liebowitz updated the ASCA Level Five Leadership School. As a credit to her leadership and coaching abilities, she was recently elected to the ASCA Board of Directors.

Coach Gerzanick-Liebowitz received her Bachelor of Arts degree in psychology from Ohio Wesleyan University. She received a Masters degree in sport psychology and athletic counseling from Springfield College and her sixth year in Counseling and Psychological Services. She utilizes her educational background and her coaching abilities while training student-athletes both in the pool and the classroom.

On May 20, 2006, Mary Anne was married to Larry Liebowitz in Ogunquit, Maine.



## **STEPHANIE BADYLAK**

### **Assistant Women's Swimming Coach**

In her second season as assistant coach at Hillsdale, Stephanie has helped strengthen the Hillsdale program in recruiting talented student-athletes and adding depth to the overall training program. Stephanie oversees the dryland and strength training components of weekly practice.

Stephanie comes to Hillsdale after spending two years as an assistant coach at the State University of New York - Geneseo, where she organized practices, training sessions, ran camps, and helped with recruiting. She also spent time as an assistant coach at Merrillville (IN) High School and at the city's aquatic club.

With a BA in biology from Hartwick College in Oneonta, NY in 2002, Stephanie was a standout on the school's swimming team for four years. She still holds the school record in the 200 Freestyle Relay and was a two-time winner of the All Hartwick Honor.

# Charger Swimmer Profiles



## Laura Axiak

Co-Captain

Senior

500 Free, 1,000 Free,  
1,650 Free, 200 Breast

Mercy High School

Dearborn, MI

### *The Laura Files*

Major: Biology (toward a PhD in Veterinary Medicine)

Born: April 1, 1986 to John and Anita

Favorite food: Los Tequilas Cheese Enchiladas

Fish you most identify with: Dolphin

Dream Vacation Destination: Cairo, Egypt



## Julie Emmenecker

Senior

50 Free, 100 Free,  
100 Back, 200 Back

Toledo Christian School

Perrysburg, OH

### *The Julie Files*

Major: Accounting

Born: July 12, 1985 to Jim and Bev

Favorite food: Emmenecker potatoes

Fish you most identify with: Beta

Dream Vacation Destination: Italy

# Charger Swimmer Profiles



## **Kelsey Gomberg**

Freshman

100 Fly, 200 Fly, 200 IM,  
400 IM, 50 Free, 100 Free

Crystal Lake Central High School  
Crystal Lake, IL

### *The Kelsey Files*

Major: Undecided

Born: December 21, 1987 to Bob and Marla

Favorite food: Cake!

Fish you most identify with: Dolphin

Dream Vacation Destination: Athens, Greece



## **Caitlin Gresenz**

Freshman

100 Back, 200 Back,  
50 Free, 100 Free

Garden Ridge High School  
Garden Ridge, TX

### *The Caitlin Files*

Major: Undecided

Born: December 15, 1987 to Joseph and Kim

Favorite food: Chocolate

Fish you most identify with: Japanese Fighting Fish

Dream Vacation Destination: Japan

# Charger Swimmer Profiles



## Elizabeth Heil

Freshman

50 Free, 100 Free,  
100 Back, 200 Back

John F. Kennedy High School  
Bloomington, MN

### *The Elizabeth Files*

Major: American Studies

Born: December 10, 1987 to Doug and Patti

Favorite food: Pasta and Chinese!

Fish you most identify with: Starfish

Dream Vacation Destination: Spain



## Lauren Heilborn

Freshman

50 Free, 100 Free, 200 Free, 500  
Free, 1,000 Free, 1,650 Free

Northwest High School  
Jackson, MI

### *The Lauren Files*

Major: Undecided

Born: September 19, 1988 to Paul and Ann

Favorite food: Apples

Fish you most identify with: Goldfish

Dream Vacation Destination: Greece

# Charger Swimmer Profiles



## Abbie Henry

Junior

50 Free, 100 Free,  
100 Back, 200 Back

Homeschooled

Brooklyn Park, MN

### *The Abbie Files*

Major: English

Born: September 12, 1986 to Steven and Gloria

Favorite food: Chocolate

Fish you most identify with: Dolphin

Dream Vacation Destination: Italy



## Kathryn Herrmann

Sophomore

500 Free, 1,000 Free,  
1,650 Free

Coral Reef Senior High School  
Denver, CO

### *The Kathryn Files*

Major: Christian Studies

Born: March 4, 1987 to Jeff and Gail

Favorite food: Ice cream sandwiches

Fish you most identify with: Flying fish

Dream Vacation Destination: Fiji

# Charger Swimmer Profiles



## Kathryn Hogan

Sophomore

100 Back, 200 Back, 100 Fly,  
200 Fly, 200 Free

Southfield Christian School  
Lathrup Village, MI

### *The Kathryn Files*

Major: History and Spanish

Born: February 26, 1987 to William and Christine

Favorite food: Raspberries

Fish you most identify with: Flying Fish

Dream Vacation Destination: Europe



## Becky Holland

Sophomore

500 Free, 1,000 Free,  
1,650 Free

Marion High School  
Mishawaka, IN

### *The Becky Files*

Major: Biology

Born: December 21, 1986 to Peter and Tina

Favorite food: Mom's teriaki chicken

Fish you most identify with: Pink salmon

Dream Vacation Destination: Italy or the Bahamas

# Charger Swimmer Profiles



## **Sarah Holland**

Freshman

100 Free, 200 Free,

500 Free, 100 Fly

Marion High School

Mishawaka, IN

### *The Sarah Files*

Major: Elementary Education

Born: June 10, 1988 to Peter and Tina

Favorite food: Teriaki chicken

Fish you most identify with: Minnow-small but quick

Dream Vacation Destination: The Bahamas



## **Ali Lanctot**

Sophomore

200 IM, 400 IM, 100 Breast,

200 Breast, 100 Fly, 200 Fly

Mt Pleasan High School

Mt Pleasant, MI

### *The Ali Files*

Major: Biology

Born: May 20, 1987 to Jay and Carol

Favorite food: Chocolate chip pie

Fish you most identify with: Sting ray

Dream Vacation Destination: Anywhere with a beach

# Charger Swimmer Profiles



## Meghan McDonald

Sophomore

50 Free, 100 Free

200 Free, 100 Back

Lumen Christi

Jackson, MI

### *The Meghan Files*

Major: Biology

Born: May 11, 1987 to Paul and Diane

Favorite food: Spaghetti

Fish you most identify with: Angel fish

Dream Vacation Destination: Italy



## Cassie Nielsen

Freshman

100 Fly, 200 Fly,

200 IM, 400 IM

Pike High School

Indianapolis, IN

### *The Cassie Files*

Major: Political Science

Born: June 10, 1987 to Steve and Gina

Favorite food: Gummi bears

Fish you most identify with: Anchovy

Dream Vacation Destination: ...too many!

# Charger Swimmer Profiles



## Meredith Scott

Freshman

100 Breast, 200 Breast,  
200 IM, 400 IM

Bremen High School  
Nappanee, IN

### *The Meredith Files*

Major: Elementary Education

Born: January 1, 1989 to Douglas and Cindy

Favorite food: Ice cream

Fish you most identify with: Dory from *Finding Nemo*

Dream Vacation Destination: Tahiti or Africa



## Stephanie Sobey

Freshman

100 Back, 200 Back,  
50 Free, 100 Free, 200 Free

Woodstock High School  
Woodstock, IL

### *The Stephanie Files*

Major: Undecided

Born: November 16, 1987 to Steve and Marianne

Favorite food: M&M's

Fish you most identify with: Puffer fish

Dream Vacation Destination: the Mediterranean

# Charger Swimmer Profiles



## **Annsley Stoll**

Senior

50 Free, 100 Free,  
100 Breast, 200 Breast  
St. Mary's Academy  
Portland, OR

### *The Annsley Files*

Major: Marketing and Management

Born: August 13, 1985 to Wayne and Alison

Favorite food: Bread

Fish you most identify with: Mermaid-I don't like fish

Dream Vacation Destination: Tropical destinations



## **Anne Verhoef**

Co-Captain

Sophomore

50 Free, 100 Free, 200 Free,  
200 IM, 200 Breast, 100 Fly  
Warwick High School  
Newport News, VA

### *The Anne Files*

Major: Biology

Born: January 8, 1987 to Jeff and Joan

Favorite food: Ice cream

Fish you most identify with: Dolphin

Dream Vacation Destination: Warm..sunny..pineapples

# Charger Swimmer Profiles



## Skylar Walker

Sophomore

100 Breast, 200 Breast,  
200 IM, 50 Free

Sam Rayburn High School  
Pasadena, TX

### *The Skylar Files*

Major: Political Science

Born: November 13, 1986 to David and Lynn

Favorite food: Homemade ice cream

Fish you most identify with: Humuhumunukunukuapua'a

Dream Vacation Destination: Hawaii to watch lava



## Charlotte Wolfe

Sophomore

1M Diving, 3M Diving

Caldwell Academy  
Greensboro, NC

### *The Charlotte Files*

Major: Biology

Born: February 18, 1987 to Jim and Alice

Favorite food: Anything but olives and jalepenos!

Fish you most identify with: Dolphins - they dive!

Dream Vacation Destination: Athens, Greece

# About the GLIAC

The Great Lakes Intercollegiate Athletic Conference (GLIAC) is Michigan's largest collegiate league, with 14 members. It was started in the fall of 1972 and since has grown to include more than 100,000 students and 350,000 alumni.

Recently, four out-of-state schools joined the GLIAC ranks: Ashland University in Ashland, Ohio; Gannon University and Mercyhurst College in Erie, Pennsylvania; and Findlay University in Findlay, Ohio.

The league's charter members are Grand Valley, Ferris State, Lake Superior, Northwood Institute, and Saginaw Valley. Oakland University was added in 1973, Hillsdale in 1974, Wayne State in 1975 and Michigan Tech in 1979. Northern Michigan replaced Northwood in 1986, and Northwood rejoined the GLIAC at the beginning of the 1993-94 season. Lewis University in Romeoville, IL, is a current provisional member.

Points earned for league athletic championships are counted in competition for the President's Cup, given for athletic supremacy in the GLIAC each year.

## HILLSDALE COLLEGE AT A GLANCE

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**Type of College:** Four year, independent, liberal arts, residential.

**Location:** Hillsdale, in south-central Michigan, about a one-hour drive from Lansing and Ann Arbor.

**Enrollment:** Nearly 1,200 students, representing 48 states, Puerto Rico, the US Virgin Islands, and 10 foreign countries.

**Academic Year:** Two semesters, late August to mid-December and mid-January to mid-May.

**Degrees Offered:** Bachelor of Arts, Bachelor of Science.

**Faculty:** 89 full-time faculty members, a student/faculty ratio of 10 to 1, average class size of 21. More than 90% have earned a Ph.D. or the highest degree in their fields.

**Traditional Majors:** Art, Biology, Business, Economics, Chemistry, Classical Studies,

Computational Mathematics, Economics, Education (Elementary, Secondary), English, French, German, History, Mathematics, Music, Philosophy, Physical Science, Psychology, Religion, Sociology, Spanish, Theatre and Speech.

**Interdisciplinary Majors:** American Studies, Christian Studies, Comparative Literature, European Studies, International Business and Political Economy.

**Preprofessional Programs:** Dentistry, Engineering, Environmental Sciences, Forestry, Law, Medicine, Theology and Veterinary Medicine.

**Financial Aid:** Need-based, athletic, academic and leadership scholarships.

**Academic Scholarship:** Renewable, four-year awards, including both full and partial tuition, are granted regardless of financial need.

# Schedule 2006-2007

Saturday, October 7

Blue and White Meet Home 11:00am

Saturday, October 14

Ashland Relays Away 1:00pm

Saturday, November 4

University of Findlay Home 1:00pm

Saturday, November 11

Olivet College Home 1:00pm

Ohio Northern University

Saturday, November 18

Northern Michigan University Home 1:00pm

December 1 - December 2

Eastern MI Univ. Invitational Away TBA

January 7-15, 2007

Winter Training Trip TBA

Saturday, January 20

St. Mary's College Away 6:00pm

Saturday, January 27

Gannon University Away 1:00pm

Ashland University

Saturday, February 3

Lewis University Away 1:00pm

February 21-24

GLIAC Championships Ashland University

March 14-17

NCAA Championships Buffalo, NY